

# TEAM **K** EANE

## Operating Policy for attending TKSS activities Ferry Wharf

Author/ Reviewer Responsible	TK Administrator
Authorised date	20th January 2022
Date of Last Review	5th January 2022
Date of next Planned Policy Review	As Required with Government updates

This policy outlines all guidance for our members and users attending Team Keane rowing sessions from the 20<sup>th</sup> January onwards until further Government updates are received. All those attending our sessions or on our site at Ferry Wharf are requested to follow this guidance and policy.

- All Adult & Junior Rowing is permitted without restriction to numbers. Cleaning equipment is provided and all Rowers are requested to wipe down equipment after use.
- There are now indoor land activities available. Again cleaning materials are provided and we ask that all participants wipe down shared equipment after use.

If you would like to read the full British Rowing Governing Guidance please visit <https://www.britishrowing.org/wp-content/uploads/2021/03/210311-Managing-COVID-19-v11.pdf>

Please note these requirements are in addition to the requirements as stated and employed by the Government, your respective school or institution if relevant.

If any of the members or other boathouse users are concerned by any behaviour at Ferry Wharf or on the water they are to contact the TKSS Covid-19 Officer, Miranda Keane at [miranda@teamkeane.com](mailto:miranda@teamkeane.com).

#### What to do when you arrive at the Ferry Wharf Boating Site.

- Immediately after arrival all members are requested to sanitise their hands using sanitising gels provided.
- Masks are optional, however given the size of the site and that there are members of the public nearby we request that all members consider wearing a mask whilst collecting equipment and boating. You are to provide your own face mask; please note that these cannot be provided by the club.
- All participants and coaches are requested to avoid close proximity to one another whenever possible.
- **There is strictly NO parking onsite.** Parking is available along local roads & car parks nearby.

#### What to do during your Session

- If in a crew boat you are to make sure you only handle your rigging, blades and seat.
- When taking your blades it is your responsibility to only use your set of blades by taking note of the coloured tape and number of bands of tape below the handle.

- When carrying the boat you are advised to choose either the bow or stern end and ensure you carry the boat to and from the water at the same position on the boat.

### After your Session

- Upon return from your session you are to immediately take your equipment out of the river, trestle it considerately to other users & the general public, wash and clean all equipment used following guidance provided in the cleaning policy below.
- Once cleaned you are to return all equipment to the racks making sure all equipment stored outside is securely tied down
- All participants are requested to treat the Ferry Wharf & surrounding Ferry Quays with care & respect making sure to leave all areas clean and tidy at all times. PLEASE ENSURE YOU PICK UP AND DISPOSE OF YOUR LITTER.
- There is access to toilets. Toilets are to be left in a clean and tidy state.
- You're then again required to thoroughly wash & sanitize hands before leaving the premises.
- After your coaches debrief you are to leave without delay.
- Changing rooms are now available. You are not to loiter or remain in the changing rooms for longer than required.

We thank all participants for your compliance following these guidelines and working together remaining alert to the invisible threat around us & to our community.

Together we will hopefully be able to manage the spread of the virus whilst remaining active.

### Participant Health Monitoring

- Any individual known to have been exposed to a person who has been sick and/or diagnosed with COVID-19 must self-report to the TKSS Covid-19 Officer, Miranda Keane at [miranda@teamkeane.com](mailto:miranda@teamkeane.com) immediately.
- If the rower was physically present at the boathouse within the 14 days prior, the individual must self-quarantine for 14 days before returning.
- All individuals must self-monitor for symptoms of COVID-19 daily. Each person should take their temperature daily prior to arrival at the boathouse. If the rower is presenting any of the symptoms of Covid-19 they should not come to the boathouse.

- If any member feels unwell **AT ALL**, they should immediately contact miranda@teamkeane.com and **DO NOT ATTEND**. The individual should reach out to his or her doctor for assistance.
- If you have been diagnosed with Covid, you can stop self-isolating and return to the boathouse at the start of day 6 if you get 2 negative rapid lateral flow test results on days 5 and 6 and do not have a temperature.

## Cleaning Procedure


It is essential that all equipment is thoroughly cleaned after use for the next participant. We require all participants to follow the guidance provided for cleaning equipment that has been issued by British Rowing and by the WHO. Reference to the British Rowing document is below and here is the link to the advice offered by WHO

<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>

Please can you also make sure you follow guidance offered by the NHS with regard to washing your hands.

<https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/>

TKSS will ensure that these cleaning & suitable sanitising solutions are available on site.

  
**BRITISH ROWING**  
**THAMES REGIONAL**  
**ROWING COUNCIL**




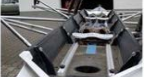


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**MAKE SURE YOU WASH YOUR BOAT AND BLADES THOROUGHLY**

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**PAY SPECIAL ATTENTION TO TOUCH POINTS :**







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 <b>BLADE HANDLES</b>	 <b>SEAT &amp; HATCH COVER</b>	 <b>FOOTPLATE &amp; BOLTS</b>
 <b>SAXBOARDS</b>	 <b>TRESTLES</b>	 <b>GATES</b>

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**CLEAN WHAT YOU TOUCH :**

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 <b>TOOLS</b>	 <b>KEYS</b>	 <b>PADLOCKS</b>
 <b>DOOR HANDLES</b>	 <b>TAPS &amp; HOSEPIPE</b>	 <b>LIGHTSWITCHES</b>

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**NOW WASH YOUR HANDS**

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## Covid-19 Contamination Risk Assessment

This Risk assessment is to be used in conjunction with current TKSS Club Risk assessment and safety policies which are all available on the TKSS website.

Member Proximity Contamination	Through physical contact or Respiratory Signature Contamination through expulsion of air from our lungs through our nose and/or mouth from talking, laughing, sneezing or coughing.	Hands to be regularly washed & sanitised whilst at the BH
		Apply social distancing rules between participants & supervisors whenever possible.
Transmission of Covid-19 through use of shared equipment.		hands to be washed and sanitised upon member arrival and departure and before equipment cleaning.
		All equipment to be cleaned following the cleaning procedure after use.
Injury or incident requiring immediate first aid.		First aid available in the Welfare Container and to be administered only by a TKSS qualified official.
		Patients and TKSS officials wear gloves whilst first aid is being administered.
		New gloves to be worn to administer 1st Aid and to be disposed of immediately after use.